



Behavior Newsletter

Issue 7

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Attention Deficit Hyperactivity Disorder



Attention Deficit Hyperactivity Disorder impacts about 5% of students in School.

What are the different types of ADHD?

- “Inattentive Type”: Just like Winnie the Pooh
- “Classic ADHD”: Tiggers like to bounce...
- “Over-Focused ADHD”: Rabbit tends his garden
- “ADHD with Anxiety”: Piglet is nervous and worries...
- “ADHD and Depression”: Eeyore says, “Thanks for noticing me...”

Increasing your ADHD Students’ Time On-Task

Promote **time on-task with attention deficit students**, never time off-task. Reward the behaviors that you want the ADHD student in

school to do, not the one’s that you don’t want him to do. Pick and choose what behaviors you reward, and what you ignore.

Give a minute timer to keep on his desk. Ask the ADD ADHD child how long he thinks it would take to perform a certain task. Let him set his own time and race against the timer.

Most students with attention deficit disorder have difficulty with sustaining attention to keep them focused.

Information gathered from ADDin-School.com

Did You Know?

Did you know that any attention that you give to your students is potentially rewarding? That’s right! Even when you are nagging them, that “negative” attention is potentially rewarding

The rule is: Behavior that is rewarded tends to re-occur.

Therefore, you want

to work to “catch” your ADD ADHD students being ON-task, and reward them. The reward can be as simple as a smile or a nod. A Positive comment can go a long way. Over a period of time, rewarding ADD ADHD students for ON-task work will result in an actual increase in their atten-

tion span and time ON-task.

