



Behavior Tips and Techniques

Managing Attention Getting Behavior

Students often display minor disruptive behavior to seek attention by engaging the teacher. Once the teacher responds to this behavior the student may exhibit more attention getting behavior.

How do we break the cycle?

Ignoring an inappropriate behavior is a useful tool. However, what if the behavior can't be ignored? How do adults manage attention getting behavior without reinforcing students?

Here are 4 easy steps for managing attention getting behavior:

1. Attend to students exhibiting appropriate behaviors and **DELAY** responding to the students displaying inappropriate behavior. (Verbally praise 2-3 students for doing the right thing before addressing the student doing the wrong thing)
2. Redirect the student to the **task** at hand. Do not respond to or draw attention to the **problem behavior**.
3. Present a choice between the expected

behavior and a small negative consequence. (such as the loss of a privilege)

4. Give the student some space and 3-5 seconds to comply with the redirection.

Information gathered from the work of Geoff Colvin, Ph.D. Adjunct professor, University of Oregon



Did you know?

SBLC is no longer **ONLY** for referring students for special education. SBLC has a new purpose.

It is now used for **problem solving**. If you are having academic and/or behavior problems in your class or with an individual student

bring it to an SBLC meeting. A committee of your peers are there to assist you. This committee will be able to give you interventions and ideas to try.

If you have any questions or comments about this issue please contact us at psychs@tangischools.org.

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Interesting Quotes

- The definition of insanity is doing the same thing over and over again expecting different results.
-Ben Franklin
- We are what we repeatedly do. Excellence, then, is not an act, but a habit.
-Aristotle