

CHILD NUTRITION MENU

2008-2009

Elementary, Jr. High & High Lunch Menus

WEEK 1

MONDAY -CYCLE 1	TUESDAY -CYCLE 2	WEDNESDAY- CYCLE 3	THURSDAY- CYCLE 4	FRIDAY- CYCLE 5
<u>Dates:</u> Aug. 11 Jan. (H) Sept. 8 Feb. 16 Oct. 6 March 16 Nov. 3 April 20 Dec. 8 May 18	<u>Dates:</u> Aug. 12 Jan. 20 Sept. 9 Feb. 17 Oct. 7 March 17 Nov. (H) April 21 Dec. 9 May 19	<u>Dates:</u> Aug. 13 Jan. 21 Sept. 10 Feb. 18 Oct. 8 March 18 Nov. 5 April 22 Dec. 10 May 20	<u>Dates:</u> Aug. 14 Jan. 22 Sept. 11 Feb.19 Oct. 9 March 19 Nov. 6 April 23 Dec. 11 May 21	<u>Dates:</u> Aug. 15 Jan. 23 Sept. 12 Feb. 20 Oct. 10 March 20 Nov. 7 April 24 Dec. 12 May ---
Pop Corn Chicken Cheese Potatoes Cup of Salad/ with Assorted Dressing Pineapple Tidbits /with Cherries Whole Wheat Roll Choice of Milk <u>Condiments:</u> B.B.Q. Sauce/Catsup/ Honey Mustard	Red or White Beans Brown Rice Mustard Greens Fruit Cocktail Cornbread Choice of Milk	Macaroni/Beef Cheese Casserole Green Beans Apricots / with Topping Sugar Cookie Whole Wheat Roll Choice of Milk	Turkey and Gravy Brown Rice Green Peas Baby Carrots w/ ranch dressing Tropical Fruit Mix Whole Wheat Roll Choice of Milk	Grilled Ham and Cheese Sandwich French Fries Green Salad / with Assorted Dressing Sliced Peaches Choice of Milk <u>Condiments:</u> Mayonnaise/Mustard Catsup

WEEK 2

MONDAY- CYCLE 6	TUESDAY- CYCLE 7	WEDNESDAY- CYCLE 8	THURSDAY- CYCLE 9	FRIDAY-CYCLE 10
<u>Dates:</u> Aug. 18 Jan. 26 Sept. 15 Feb. (H) Oct. 13 March 23 Nov. 10 April 27 Dec. 15	<u>Dates:</u> Aug. 19 Jan. 27 Sept. 16 Feb. (H) Oct. 14 March 24 Nov. 11 April 28 Dec. 16	<u>Dates:</u> Aug. 20 Jan. 28 Sept. 17 Feb. 25 Oct. 15 March 25 Nov. 12 April 29 Dec. 17	<u>Dates:</u> Aug. 21 Jan. 29 Sept. 18 Feb. 26 Oct. 16 March 26 Nov. 13 April 30 Dec. 18	<u>Dates:</u> Aug. 22 Jan. 30 Sept. 19 Feb. 27 Oct. 17 March 27 Nov. 14 April --- Dec. 19 May 1
Macaroni and Cheese B.B.Q Chicken Nuggets Green Beans Fruit Cocktail Whole Wheat Roll Choice of Milk	Deli Sub French Fries /with Catsup Lettuce/Tomato/Pickle Fresh Orange Hoagie Buns Choice of Milk <u>Condiments:</u> Mayonnaise/Mustard Catsup	Salisbury Steak /with Gravy Brown Rice Broccoli /with Cheese Candied Yams Oat Meal Cookie Whole Wheat Roll Choice of Milk Christmas Dinner-Dec. 17	Spaghetti and Meat Sauce / Meatball Tossed Salad /with Assorted Dressing Pear /with Whipped Topping & Cherry Whole Wheat Garlic Bread Choice of Milk	Cheese Pizza Salad Tropical Fruit Cookie Choice of Milk

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WEEK 3

MONDAY- CYCLE 11	TUESDAY-CYCLE 12	WEDNESDAY- CYCLE 13	THURSDAY- CYCLE 14	FRIDAY-CYCLE 15
Dates: Aug. 25 Jan. --- Sept. 22 Feb. 2 Oct. 20 March 2 Nov. 17 March 30 Dec. --- May 4	Dates: Aug. 26 Jan. 6 Sept. 23 Feb. 3 Oct. 21 March 3 Nov. 18 March 31 Dec. --- May 5	Dates: Aug. 27 Jan. 7 Sept. 24 Feb. 4 Oct. 22 March 4 Nov. 19 April 1 Dec. --- May 6	Dates: Aug. 28 Jan. 8 Sept. 25 Feb. 5 Oct. 23 March 5 Nov. 20 April 2 Dec. --- May 7	Dates: Aug. 29 Jan. 9 Sept. 26 Feb. 6 Oct. 24 March 6 Nov. 21 April 3 Dec. --- May 8
Red or White Beans Brown Rice Mustard Green Fruit Cocktail Cornbread Choice of Milk	Breaded Chicken Pattie Mashed Potatoes and Gravy Green Beans Pear Half Confetti Cake Roll Choice of Milk	Turkey and Gravy Brown Rice Green Peas Tropical Fruit Whole Wheat Roll Choice of Milk Thanksgiving Dinner-Nov.19	Hot Dog & Chili / Chili Bun Vegetarian Beans Coleslaw Fresh Orange Rice Krispies Whole Wheat Hot Dog Bun Choice of Milk Condiments: Mayonnaise/Mustard	Gumbo Brown Rice Marinated Cucumbers Sweet Potato Fluff Whole Wheat Crackers Choice of Milk

WEEK 4

MONDAY- CYCLE 16	TUESDAY-CYCLE 17	WEDNESDAY- CYCLE 18	THURSDAY- CYCLE 19	FRIDAY-CYCLE 20
Dates: Aug. ---- Jan. 12 Sept. (H) Feb. 9 Sept. 29 March 9 Oct. 27 April 6 Nov. --- May 11 Dec. 1	Dates: Aug. --- Jan. 13 Sept. 2 Feb. 10 Sept. 30 March 10 Oct. 28 April 7 Nov. --- May 12 Dec. 2	Dates: Aug. --- Jan. 14 Sept. 3 Feb. 11 Oct. 1 March 11 Oct. 29 April 8 Nov. --- May 13 Dec. 3	Dates: Aug. --- Jan. 15 Sept. 4 Feb. 12 Oct. 2 March 12 Oct. 30 April 9 Nov. --- May 14 Dec. 4	Dates: Aug. --- Jan. 16 Sept. 5 Feb. 13 Oct. (H) March 13 Oct. 31 April (H) Nov. --- May 15 Dec. 5
Pizza Corn Tossed Salad /with Assorted Dressing Ambrosia Brownie Choice of Milk Condiments: Catsup	Beef and Cheese Spanish Rice California Blend Sliced Peaches Whole Wheat Rolls Choice of Milk	Hamburger Tater Tots Lettuce/Tomato/Pickle Banana Whole Wheat Bun Choice of Milk Condiments: Mayonnaise/Mustard Catsup Easter Dinner-April 8	Jambalaya Green Beans Peach Cobbler Whole Wheat French Bread Choice of Milk	Grilled Chicken Sandwich French Fries Lettuce/Tomato/Pickle Fruit Mix Rice Krispie Treat Whole Wheat Bun Choice of Milk Condiments: Mayonnaise/Mustard Catsup